

Director's Message



FAMILY VIOLENCE PREVENTION CENTER

Violence Free Messenger

Dear Friends,

As FVPC is planning for a busy fall of awareness activities, we took the opportunity to dedicate a day to strengthening the services that we offer to families who experience domestic violence through a staff retreat. Energy and passion rushed from the staff. One such idea includes tree and thumbprint art that will be created at the Candle Light Vigil, we hope to see folks there to help us with the art!



Debbie Matheson
Executive Director

Within our spring newsletter there was a short piece about the effort to have non-fatal strangulation recognized as a felony in Ohio. At this time, 37 states have recognized this form of strangulation as a felony. Visit change.org and Support Monica's Law to learn more and sign the petition to support Ohio recognizing the need for change.

Strangulation is one of the most lethal and opportunistic forms of violence. This includes aggressively cutting off the airway and the blood flow through the neck. Strangulation is a process of the abuser totally overwhelming the victim by physical strength, that is to say, the abuser holds life's breath and blood in their hands. In comparison with other forms of physical violence this often does not leave outward markings on the skin of the neck.

The physical, neurological and psychological symptoms from strangulation are intense and vary from some being short-term and others longer term. Physical symptoms after strangulation may include breathing problems, dizziness, nausea, voice change, sore throat, swallowing problems, vision or hearing changes and broken blood vessels in the eyes, face and hair line. Neurological symptoms may include left or right side body weakness, drooping of eyelids or face, loss of sensation or memory and paralysis. Psychological symptoms may include insomnia, depression, PTSD or suicidal ideation.

The serious nature of strangulation is such that the informed voice of many is essential to advocate for systems recognition to hold abusers accountable and to provide victims with informed medical and emotional support. Please consider supporting Monica's Law through change.org. 150,000 supporters are needed and is currently nearing 93,000 supporters.

Debbie Matheson





Mark Your Calendars for These Upcoming Events

- **October 5, 2015** Candlelight Vigil honoring Domestic Violence Victims and Survivors at Shawnee Park. Begins at 6 pm.
- **November 12, 2015** Donor/Volunteer Appreciation & Annual Meeting at Stonehill Village
 - **Nov & Dec 2015** "Adopt-A-Family" program at FVPC
 - **April 9, 2016** Superhero 5K at Beaver Creek High School
 - **May 13, 2016** An Uncommon Affair "Denim & Diamonds" at Greene County Fairgrounds



October is National Domestic Violence Awareness Month

This October, support FVPC or honor a loved one during the month by participating in one or more activities described below to help raise awareness about the epidemic of relationship violence.

<p>Purple Light Nights</p> <p>During the month of October spread the message that "Domestic Violence has NO Place in Our Community." Shine a purple light on your porch or illuminate your business window to bring light to this near-epidemic issue. See how many purple lights you notice in Greene County this fall!</p> <p>Useful Tip: Simply use a standard black light party bulb.</p> 	<p>Candlelight Vigil</p> <p>On October 5th, we will host our annual Candlelight Vigil, beginning at 6pm, at the tranquil Shawnee Park Pavilion in Xenia. Join us as we remember those who have either been victimized or lost their lives to relationship violence. We will share the Clothesline Project, the Silent Witness exhibit and a Survivor will express their story.</p> 	<p>Law Enforcement</p> <p>We encourage you to wear your purple metal pins that we provided last year during the month of October and beyond.</p> <p>We will also be honoring exceptional law enforcement personnel at our quarterly Greene County Consortium meeting on October 21st. This will be a deserving award for many of our finest responders to domestic violence.</p>	<p>Purple Ribbons</p> <p>We will be hanging purple ribbon bows on lamp posts at the Greene from Oct. 1-8. The bows will have a card attached to them which provides info about local Domestic Violence resources.</p> <p>Ongoing</p> <p>We will be teaming up with fellow local dv resources during October and beyond. Our efforts will be present at UD's Alumni Hall in October, our website and through social media.</p> <p>www.violencefreefutures.org</p>
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The Dove Giving Club ~ Our Role Models

Each calendar year we recognize those who step forward as role models for our community by committing to financial gifts at or above the Dove Giving Club levels of White (\$500), Silver (\$1,000) and Gold (\$2,500). All tax-deductible, financial gifts made during 2015 count toward Dove Club eligibility, including gifts made earlier this year. We are pleased to celebrate and recognize those listed below, who are already Dove Giving Club members for 2015.

Foundation Support

A.J. Earley Charitable Endowment through
Greene Giving
Iddings Foundation
Mathile Family Foundation
The TJX Foundation, Inc.

Community Partners

Kroger
GE United Way Campaign
United Way of Greater Dayton
United Way of Clark, Champaign & Madison
Counties.

Gold Dove

Bellbrook United Methodist Church
Allan Cummings and Julia Hall
John Garrett
Xenia Chrome Divas

Silver Dove

Teresa Bruce
JoAnne Earley
Fresh Thyme Farmers Market, Sugarcreek
GC Board Of Developmental Disabilities
Hammond, Stier & Stadnicar
Ron and Betty Herre
Kirkmont Presbyterian Church
Colin and Nancy Kowalski
John and Mary Jo Martin
Elsie Mommsen
Edward and Frances O'Shaughnessy
Ed and Diane Phillips
Susan Stiles and Alan Raney
Jerry Sutton and Sandy McHugh
Taft Stettinus & Hollister LLP
Jim Vernon
Michael and Mona Vollmer
Adreas and Wetona Walchner

White Dove

Archdiocese of Cincinnati/Catholic Relief
Services
Steve and Eileen Austria
John and Joy Brailey
Buckeye Research & Manufacturing
Corner Cupboard Charities, Inc.
Joan Dautel
Phyllis Davis
Carroll Day and Rebecca Morgann
Richard and Maryann Eckhardt
Carol Graff and Lee Schatzley
Mary Help Of Christians Church
Marilyn McCauley
Rick and Becka Perales
Jerry and Gerry Petrak
Rayette's Dance Company Boosters
Reichley Insurance Agency, Inc.
Stahl Vision
Trupointe
Wright Patt Officers' Spouses' Club

We are also pleased to thank and acknowledge the following individuals and organizations, from whom we received financial contributions between June 16 and August 31, 2015. Note, if a name appears in the Dove Giving Club list, it is not repeated here. Questions can be referred to Ron Herre at ron.herre@violencefreefutures.org or 937-376-8526 x 107.

Members

Gordon Chapman
Dawn Day
Rosie Dixon
Stephen Haller and Doretta Donovan
J. Marc Holser, D.D.S.
Phil and Teri Houston
Robert and Jane Hutcheson
Louise Jones
Julie LaPolt
James Lunay

Doug and Linda McLarty
Lee and Vicki Morgan
Patricia Riley
Ron Thornburg
Unitarian Universalist Fellowship
Of Yellow Springs

Donors

John and Carolyn Ach
Betty Brooks
Clarence Byrd
Richard and Evelyne Ennis
Stephen Schicker
Rachel Scott
Martin and Terri Spahr
Barb Stepp
Donna Walker
Donald and Elizabeth White

Devoted Community Members Support FVPC



Greene County Library Bookmobile made five valuable stops here during the summer months! The kids climbed into the cozy mobile full of books, listened to stories, checked out chosen books and participated in a summer reading challenge.

Elite Hair Academy, the school of cosmetology in Kettering kindly sent out six creative people from their beauty school program to provide beautiful fresh haircuts and styles to several of the ladies in the safe house. It was a really fun, pampering day!

God's Chicks provided an "Ice Cream Social" for all of our residents in August. Individuals and families were able to spend a relaxed evening with each other as they work through their personal healing. Special experiences like these are unforgettable to the residents.

Thank you to **Domino's in Xenia** for your support all year long! Our residents continue to enjoy your pizza pies every other Friday! This has been a longstanding, generous commitment from our local Domino's. It helps stretch our food dollars, provides a "kitchen break" for staff and of course everyone is smiling as they savor each bite!

FVPC was honored to host five young men from **GE Aviation** in Beavercreek on a warm summer evening. They jumped right in and started assisting our champion, John Garrett, with his many projects around the outside areas. One of the projects was replacing light bulbs which is critical to the center's overall safety. They also trimmed bushes and laid concrete pavers. John was beyond glad to have some help with his ongoing projects.



2015 "Ridin' Away the Pain" Poker Run Participants

The Xenia Chrome Divas did it again! Their "Ridin' Away the Pain Poker Run" raised \$2207 for FVPC. They have found so many creative ways to support us through the years.

The Board and Staff thank you for adopting the cause of domestic violence & for your friendship.

Follow-Up Note:

The Diaper Drive was a success as we received over 800 diapers & 1400 wipes. We also received a donation of \$250 from Miami Valley Random Acts of Kindness. Thank you to all who participated in our first drive. It was a fun way to engage with donors.

If you have an idea for joining this group of wonderful community members, we have many opportunities for you too! Currently, we have the following ongoing volunteer needs: 1)administrative 2)kitchen 3)moving 4)childcare & 5)maintenance. Contact Harmony Byrd at 937-376-8526 x 112.

...More Ways to Give to FVPC

Goodwill Partnership

"On Behalf of FVPC" Donations of gently used items remain important to us, but due to minimum storage area, we partner with Goodwill in Xenia and Beavercreek. When you drop off your items, simply mention it's on our behalf and they will issue a receipt with our sticker on it. It is important to fill in the receipt with the amount of items you dropped off if they leave that blank. Please send us this receipt. Certificates are then issued to FVPC based on these donations and clients use these to purchase personal or seasonal items.

Did You Get a New Cell Phone?

Bring in old cell phones/smart phones as an easy, no-cost way to support FVPC.

Shopping on Amazon This Holiday Season?

Amazon will donate 0.5% of your eligible Amazon Smile purchase to the charity of your choice. Just shop using the link <http://smile.amazon.com>. You will be donating while you shop; it couldn't be any easier.



380 Bellbrook Avenue
Xenia, OH 45385

RETURN SERVICE REQUESTED

NON PROFIT ORG
US POSTAGE
PAID
PERMIT 310
XENIA OH

Our Fall Wish List

Items we immediately need are:

Clorox Wipes	Plastic Eating Utensils
Toilet Paper	Facial Tissues
Paper Towels	Coffee/Tea/Creamer
Paper Plates	White Copy Paper/Card Stock
Plastic Drinking Cups	Quality Laundry Baskets
Kroger, Walmart & Aldi	African American Hair Care
Gift cards	Products
Clean Area Rug, 8x10 or larger	Kitchen Trash Bags

We are in need of furniture and appliances.

Donations are accepted M-F from 10am-4pm. Contact Harmony Byrd at ext. 112 to arrange a time or to inquire further.



Dean's Landscaping provides lawn care to FVPC at a discounted rate. Thank you for supporting our agency!
www.deanslandscaping.net

FVPC Phone Numbers

Administration: 376-8526 or 426-6535

Crisis Hotline: 372-4552 or 426-2334



Calling all Kroger Shoppers: Join us in Renewing your Rewards Account

We have **12 households** registered and we earned **\$101.35** this latest quarter.

We know we can increase this fundraising potential with your help. **THANK YOU!**

1. Register/Renew your KROGER Plus card online at www.krogercommunityrewards.com (click on sign in/register or create an online account).
2. Follow the directions online to select FVPC; our number is 81623.
3. All participants must re-enroll each April to continue earning rewards.



FAMILY VIOLENCE PREVENTION CENTER IS A MEMBER OF:

